

East Side Specialized Services / Dr. Vijay Anand  
772 Park Avenue  
New York, NY 10021  
212-452-3005

## **Instructions for Esophagoscopy procedure**

An esophagoscopy is a diagnostic procedure performed in the operating room. The doctor uses different scopes to examine your throat and esophagus. A biopsy of tissue may be taken during the procedure. This procedure is done routinely under local anesthesia. The procedure is short but may be uncomfortable due to the insertion of the scope in the back of the throat. This can also be carried out with sedation.

**Name** \_\_\_\_\_

**Date** \_\_\_\_\_

- Please cease all aspirin or aspirin products administration for 10 days prior to procedure. Please call Christy if you have any questions 212-452-3005.
- Please fast (no eating or drinking) from midnight the night before your procedure until completion of the procedure.
- Please take the small white pill Christy, our medical assistant, provided for you 1 hour prior to the procedure time with a few sips of water.

What to expect after the procedure:

- You will have a mild sore throat which is temporary. Usually no medication is necessary.

Please call us if you have any other questions or concerns pre or post surgically.