

EAST SIDE SPECIALIZED SERVICES

DR. VIJAY ANAND

772 Park Avenue
New York, NY 10021
212-452-3005

Name: _____

You are scheduled for your procedure on _____

- Please do not take any aspirin or aspirin products 1 week prior to the date of your procedure.
- If Christy has provided you with a Tessalon tablet (small white tablet), please take this tablet 1 hour prior to your procedure time with a few sips of water. This tablet is given to reduce the amount of mucous produced by your body prior to the procedure.

You are scheduled to undergo general anesthesia for your procedure yes no

If yes:

- If undergoing general anesthesia you may not eat anything from midnight the night before the procedure.
- Again, no aspirin or aspirin products 1 week prior to the date of your procedure.
- Requested pre-procedural lab work must be faxed to Dr. Anand no later than the day before the procedure.
- Patients undergoing general anesthesia must have someone to accompany them home from our office. We can not discharge you without a guardian. Please arrange this prior to your procedure date.
- If you are undergoing a procedure that requires general anesthesia and need to cancel, please try to give at least 24 hour notice so the anesthesiology unit can be contacted.

If you have questions about your procedure or the instructions above or need to reschedule please call Shoni, 212-452-3005. Thanks.